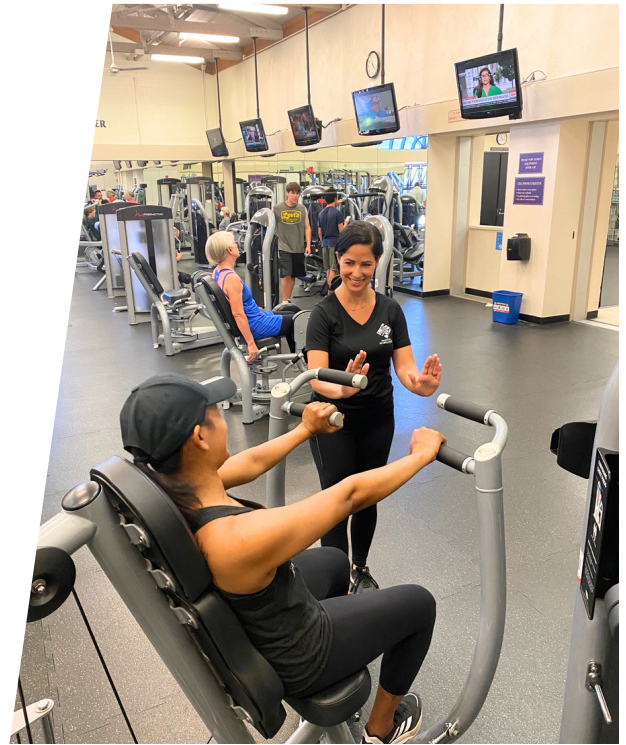


MSC FITNESS PROJECTS 2024

There are several exciting fitness projects happening! First, large day lockers are available for use in the concourse area and smaller phone and wallet lockers have been installed in both rooms. Second, the treadmills in the cardio room are going to be moved to the concourse area so there is easier access and more clearance behind them. In addition, three 43 inch TV monitors will be installed in the concourse that you will be able to watch and hear by downloading a free app on your phone. Other cardio equipment will be moved from the concourse into the cardio room where the treadmills are currently located. Finally, the new weight room installation is scheduled for early May.

Our Fitness Area Guidelines have also been revised to ensure better access and safety for all guests. Please take a moment to read through them. They are posted in each fitness area.



Weight Room Closure

The weight room will be closed for approximately **two weeks** so old equipment can be extracted, deep cleaning can be done and new equipment can be installed. Dates will be posted two weeks before the closure.



Weight Room Equipment

The current weight room equipment will be traded in to offset the cost of remodel.



Cardio Room/Concourse Equipment

The cardio room and concourse will **not** be closed when equipment from those areas are moved. This project will be scheduled after hours.



New Day Use Lockers

Backpacks or bags are not allowed in cardio/weight rooms. Day use lockers have been installed in the concourse and in the cardio/weight rooms are for day use only. Please bring your own lock.



AudioFetch System/Phone App

AudioFetch allows WiFi audio streaming. Three Audiofetch transmitters will be installed in the new TV monitors we are installing in the concourse. We will install AudioFetch transmitters in the cardio and weight rooms TV monitors when more WIFI access points are expanded to those areas. We will provide detailed instructions on how to install and use the free Audiofetch app once everything is installed and operational.



New Fitness Area Guidelines

The fitness area is not supervised and to ensure the safety for all of our guests, youth 13 and under are not permitted and youth 14-15 years must be directly supervised by an adult 21 years of age and older. MSC will provide staff supervision when possible. Check the website for current hours. A two guest maximum per weight station has also been added to ensure everyone has access to equipment.

